

Student Goal Setting Worksheet

Student: _____ Date: _____

Teacher: _____ Grade: _____

Fall
Spring Dat

Subject	Spring RIT (Year previous)	Target RIT I will try to get this Fall	Fall RIT Score	Target RIT I will try to get in the Spring	Spring RIT	Actual RIT Growth	Net Growth (+) or (-)
Science							

Growth Goal

Content Area Goal

Science - Overall RIT Spring (Year previous) _____ Fall _____
Spring _____

Goal Area	Fall RIT Range	Spring RIT Range
Life Science		
Earth/space Sciences		
Physical Science		
Scientific Inquiry		
Analysis		

Science Goal

Student Signature: _____ Teacher Signature: _____

Parent Signature: _____

Student Goal Setting

How to use the Student Goal Setting Worksheet

1. In order to engage students in the goal setting process, it is suggested students complete the "Student Goal Setting Worksheet" themselves with your assistance. Since this is the first year, you will need to look up last spring's scores this year only. 3rd Grade will not do this since 2nd grade did not test.
2. You will need to write the scores on the goal sheet for this past spring. To find last spring's scores, follow the following directions:
 - a. Click on the link at the top of the page called <Reports Login>
 - b. Log in to NWEA.ORG (There is a link on the <Resources> page of the district website). In order to get the information you need, you will need to use the district login of <username - marycooksley and password - weedog>
 - c. On the left-hand of the site of the site, under "Online Reports", click <Grade By Subject>
 - d. Select: the school, the grade (remember you want last year's data), the last term we tested, the subject and then click on <submit>
 - e. This should give you the scores for the subject you chose. You will need to use these directions for the Math, Reading, and Science tests.
3. Once students have put last spring's scores in they are ready to set their goals. They will need your guidance and support to do this!

Goal Setting NEEDS to BEGIN WITH THE END IN MIND!

- ☛ Have students reflect on their classroom actions last school year and this school year and their potential performance on Grade Level Benchmarks and on the MAP Assessment. Make sure they know and understand the importance of the information received from taking the MAP Assessment. Explain the overall purpose and why it is important to put forth maximum effort.
- ☛ Have students look at their performance last spring (Use the above directions to obtain the spring scores)
 - o Possible Questions to ask: How did you do? What content area gave you the most trouble not only on the test but also in class? What actions on your part played a part in the score I earned? Did you put maximum effort into answering the questions? What could I do to ensure I do well on my GLB's and on the MAP Assessment?
- ☛ Have students "predict" a score they might target for the fall. You might share with students what the MAP Norms are so they see where a "typical" student might score... With your help, they will predict what score they will receive. Note that they should not make a predication that is unreasonable or unattainable. You will need to coach them on this step.
- ☛ **This is the most important piece: Each goal area has a line where students must set a goal. This should not be a score or number, rather it should be a measureable action**

for each content area. For instance, under Science they might write, "I will complete my lab reports following all directions this year".

- After the MAP Assessment is taken in the fall, they should record their scores. Reflect on where they wanted to be when they predicted their score. Did they make an unreasonable prediction? Why/Not?
- Next, have students predict what their spring score might be - they should make a goal that is reasonable and realistic. If they used effort, then a small gain is expected, but if they make the goal too lofty, they are setting themselves up for failure. You will need to coach them on this step using the "expected goal" from the data on the nwea website.
- At Fall conferences, share the students' goals and have the parents sign the goal sheet
- Goals should and MUST be visited throughout the school year. Have student's keep their goal sheet and mid-year have them reflect on their written goal. Questions you might ask them include: "Think about your goal and your performance on GLB's... have you done what you said you would in your goal? What do you need to do to ensure you meet your established goal? What assistance do you need to ensure you meet your established goal?"
 - o It might even be a good idea or activity to Pair/Share their goals and what steps they are going to take between now and the Spring test to ensure they meet their goal.
- In the spring, they should record their scores. Reflect on their year's accomplishments. Did they meet their predicted scores? Why/Not? How might they improve next year?
- Reflect on their Goal Area's Written Goals: Have students reflect on the written goals they formulated in the fall and reflected on mid-year. Questions to ask might be: What actions led to you either achieving your goal or not achieving your goal? What goal area gave you the most challenge and why? What goal area do you feel the most confident about your progress or achievement and why?